

Slow Cooker Salsa Chicken



Prep Time: 1 Min

Cook Time: 4 Hours

Total Time: 4 Hours 1 Min

Ingredients:

- 4 boneless, skinless chicken breasts (about 2 lbs total)*
- 2 cups favorite salsa
- Salt and pepper
- (Optional: fresh lime wedges for serving)

Directions:

1. Place chicken breasts in a slow cooker and cover with salsa. Toss until the chicken is covered.
2. Cover and cook on high for 4 hours (or low for 6-8 hours), or until the chicken shreds easily with a fork. Shred the chicken in the slow cooker and toss with the remaining salsa and juices until well-mixed. Serve immediately, or refrigerate in an airtight container for up to 5 days. (This chicken also freezes well.)

*You can really use just about any cut of chicken for this recipe. For easy shredding though (so that you don't have to mess with bones), I recommend boneless chicken breasts or thighs. This should be about 2 lbs of chicken total.