## **Strawberry Mango Ice Cream**



## **Ingredients**

- 1. 2 frozen over-ripe bananas
- 2. 1/2 cup frozen strawberries
- 3. 1/2 cup frozen mango chunks

## Instructions

- 1. Slightly thaw your frozen fruit prior to putting in your blender
- 2. Insert one frozen banana
- 3. Add 1/3 of the frozen strawberries
- 4. Add 1/3 of the frozen mango chunks
- 5. Alternate remaining ingredients and blend